

Sheldon David LaMountain, 84, of Crystal River, FL passed away August 8, 2024, under the loving care of his family and Vitas Hospice in Lecanto. He was born on August 4, 1940, to Clement and Marian LaMountain in Lyon Mountain, NY. After graduating from high school, Sheldon joined the US Army where he served at the White House in DC under the presidency of J.F. Kennedy in the communications division. While serving there, he became very close with the Kennedy family and shared many holiday memories with them. After his service in DC was finished, he served in Germany and then was stationed in Thailand during Viet Nam. After his military career ended, he began working with the FFA where he worked 42 years in communications. He retired in 2003 as a Systems Engineer and moved to Crystal River to enjoy his retirement. During his life, he was an active volunteer with different church organizations and was a true public servant. He was the President of the Hillcrest HOA, he served on the finance committee and was also a greeter at St. Benedict Catholic Church in Crystal River where he was a member. Sheldon had a lifelong love of music and was exceptionally talented. He was preceded in death by his sister Betty Jean Bousquet in 2018. Sheldon is survived by his loving wife of 31 years, Jacqueline LaMountain; daughter Sharlene Dano and her spouse Jamie; grandchildren Jasmine Dano and Ethan Dano; nephew James Bousquet (Stacey), and niece Jean Marie Bousquet. A Mass of the Resurrection will be held at 10AM, Monday, August 19, 2024, at St. Benedict Catholic Church in Crystal River. Burial will take place at 1PM, Tuesday, August 20, 2024, at the Jacksonville National Cemetery in Jacksonville, FL with full Military Honors. Arrangements are under the direction of Brown Funeral Home & Crematory in Lecanto, FL.

